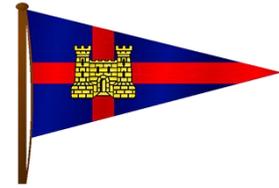


Castle Cove Sailing Club Covid-19 Containment Policy



Effective from 2nd June 2020 to 2nd December 2020

The first line of defence against Covid-19 at CCSC is not to bring coronavirus to the club. It is very important that members do not attend the club if they have any symptoms of Covid-19. The most important symptoms of coronavirus (COVID-19) are recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell

It is also very important that members remain vigilant when out and about in the community and do not come to the club if they have had close contact with someone who has tested positive for coronavirus. The government has introduced a Test and Trace process administered by the NHS which will help identify and contain outbreaks. The details are available at:

[NHS Test and Trace: how it works](#)

[NHS Test and Trace: if you've been in contact with a person who has coronavirus](#)

All members attending the club must comply with the NHS Test and Trace process.

In addition to using the NHS Test and Trace system, members who have tested positive for Covid-19 may voluntarily contact CCSC and ask for other club members with whom they have been in close contact to be notified that those members may be at risk from Covid-19. The contact will be voluntary and confidential. Names will be kept confidential and not passed on to others.

Members should contact either;

- Grace Martin, Rear Commodore, Shore on 07931 766 597 / graciebabie.gm@googlemail.com, or
- Diane Fowler, Members Representative on 07773 495 246 / diane.fowler4@btinternet.com

Grace Martin or Diane Fowler will assess the risk and notify relevant members accordingly. All information will be kept confidential and only shared with the permission of the original member contacting the club.

Task leaders for organised tasks at CCSC should keep a register of the names of all people who attended the task. The records should be kept for 28 days after the task and then destroyed. The records may be used to assist in the tracing of members who may have been exposed to coronavirus.